



HOME REMIDIES

SANTHOSH HERBAL HEALTH CENTRE

**168, SANTHOSH COMPLEX, KENNEDY SQUARE, MEDICAL COLLEGE
ROAD, THANJAVUR - 613 004. TAMILNADU - INDIA.**

PHONE : + 91 4362 240096

contact@santhoshherbals.com | www.santhoshherbals.com

Hair Remover

In Daily Life we spend more time on our hair than on any other portion of our body. We do several procedures to make them look beautiful and healthy. Many of us have too little hair; others have too much in the wrong places. Ingrown hairs are also common around the upper, inner thigh. Excessive hair growth on the face is particularly troublesome to some women. This may be the result of some hormonal disturbances .The estrogen level, hormones and ancestry are directly related to hair growth.

Thus there are few Healthy tips which will definitely help to resolve this problem:-

- Apply a mixture of besan (chick pea flour) and haldi (turmeric) with a little water, to face. When it dries, gently rub off. This will remove excessive facial hair.
- Lemon is natural bleach, so apply that with an equal amount of honey and leave on for ten to fifteen minutes. Do this every day.
- A healthy lifestyle supplemented with proper diet is the magic key for healthy and beautiful hair.
- Prepare a mixture by adding haldi(turmeric), besan (chick pea flour) and some curd and apply to the face. It is an effective remedy for the removal of facial hair.

Simply wash your face twice a day with a face wash, and follow up with a toner. Apply a moisturizer after shaving. This is an effective home remedy for hair removal